



2011 Inter Club Championships

Friday, 8th to Sunday, 10th April 2011
A Swan River Sailing Event conducted by South of Perth Yacht Club

SAILING INSTRUCTIONS

Abbreviations

PC – protest committee	RC – race committee
OA – organising committee	RRS – racing rules of sailing
SI – sailing instructions	NoR – notice of race

1 RULES

- 1.1 The regatta will be governed by the rules as defined in the RRS.
- 1.2 Changes to the RRS are as follows:
 - a) RRS 44.1 and 44.2 are changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.
 - b) RRS 61.2 and 61.3 are amended so that protests shall be lodged with the RC verbally by the protesting yacht within 5 minutes after finishing the race in which the incident occurred.
 - c) Protest and Redress hearings shall be held in accordance with the provisions of RRS Appendix C6.6 (a).
 - d) RRS 63.6 is amended by deleting the following words; “and of their witnesses”.

2 ENTRIES AND ELIGIBILITY

- 2.1 Only teams complying with NoR 9 are eligible for the event.
- 2.2 To remain eligible, a completed entry form shall be submitted accompanied by payment of the entry fee and damage deposit before Thursday, 7th April 2011.
- 2.3 An insurance excess of \$1,000 applies to each and every incident. The liability for damage is not limited to the damage deposit. In the event that a deduction is made from the deposit, the skipper may be required to restore the deposit to the original value to maintain eligibility.

- 2.4 Each skipper is responsible for any damage or loss to their boat unless responsibility is otherwise assigned by the PC.
- 2.5 After the warning signal for a race, the registered skipper shall not leave the helm, except in an emergency.
- 2.6 When a registered skipper is unable to continue in the event, the RC may authorise an original crew member to substitute.

3 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official Notice Board located in the main foyer at South of Perth Yacht Club.

4 CHANGES TO SAILING INSTRUCTIONS

- 4.1 Any change to the Sailing Instructions will be posted at least one hour before the scheduled start time on the day it will take effect and be signed by the RC.
- 4.2 Any change to the Sailing Instructions issued on the water will be signalled by the display of flag 3rd substitute from the committee boat accompanied by three sound signals. A member of the PC may communicate these either verbally or in writing.

5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed from the main flag mast in front of South of Perth Yacht Club.
- 5.2 When flag AP is displayed ashore, ‘1 minute’ is replaced with ‘not less than 30 minutes’ in the race signal AP.

6 SCHEDULE OF RACES

6.1 Date	Briefing	Race	First Warning Signal
Friday, 8 th April	1500	Races 1 & 2	1600
Saturday, 9 th April	0800	Races 3 & 4	0900
Sunday, 10 th April	0900	Races 5 & 6	1000
		Races 7 & 8	1300

Presentations will be held ashore immediately after racing at SoPYC

- 6.2 Each subsequent race will be started as soon as practicable after the previous race.
- 6.3 No race will be started after 1745 on Friday, 8th April, 1130 on Saturday, 9th April or 1530hrs on Sunday, 10th April 2011.

7 BOATS AND SAILS

- 7.1 The event will be sailed in Foundation 36 boats provided by Swan River Sailing.
- 7.2 Teams will be responsible for the transfer of their allocated yacht to South of Perth Yacht Club prior to racing on Friday, 8th April 2011 and return it to Royal Perth Yacht Club immediately after racing on Sunday, 10th April 2011.
- 7.3 The sails to be used will be allocated by the OA. It is the skipper's responsibility to ensure that the sails aboard the boat or in the sail bags provided are a complete set.
- 7.4 The sail combination to be used will be signalled from the RC boat at least 5 minutes before the attention signal. No sound signal is required. The signals may be used singly or in combination and shall have the following meanings.

Signal

Sail Combination to be used

None

Genoa, no reef, spinnaker

Flag K



Jib + full mainsail + spinnaker

Flag R



Jib + reefed mainsail + spinnaker

Flag W



Jib + reefed mainsail + no spinnaker

- 7.5 Additional VB chord, shock chord, tape and personal "ditty bag" (containing tools, sail repair items and wool) may be brought aboard. Any cord and tape placed on the boat shall be removed at completion of the regatta.
- 7.6 Cable ties shall not be used to secure jib sheets to the headsail, the outhaul shall not be attached to the mainsail reefing point and tweakers shall not be tied to winch handle pockets.

7.7 The boats and standing rigging shall not be modified in any way, other than by the use of the backstay tackle, and no additional equipment may be used to facilitate sailing of the boats.

7.8 The penalty for infringement of SI 7.6 and 7.7 shall be at the discretion of the PC.

7.9 Other restrictions or instructions may be given to boats verbally by a member of the PC. Flag 3rd substitute is not required.

7.10 All boats are equipped to Department of Planning and Infrastructure safety requirements. No equipment shall be taken off the boats.

8 IDENTIFICATION AND ASSIGNMENT OF BOATS

8.1 Boats will be identified by a black number on the bow and transom of each boat.

8.2 Boats will be allocated by a boat draw and Club contacts notified of the results during the week prior to the event.

9 CLASS FLAG

As only one fleet will be started, no class flag will be displayed (amends RRS 26). Flags used in the starting sequence will be as described in SI 13.1.

10 CREW (INCLUDING SKIPPER)

10.1 The number of crew (including the skipper) will be 6.

10.2 Metropolitan Teams

- (a) Helmsmen from Perth metropolitan yacht clubs may not skipper in more than 2 races of the championship unless approval is granted in writing by the OA.
- (b) Crew members from Perth metropolitan yacht clubs may not participate in more than 4 races of the championship unless approval is granted in writing by the OA.
- (c) Championship heats 1 & 2 shall be skippered and crewed predominantly by Veteran crews. A Veteran is defined as 50 years of age or over at the 31st December 2010. Two crew members may be under 50 years of age, but may not skipper the boat in heats 1 or 2 held on Friday, 16th April 2010.
- (d) Championship heats 3 & 4 shall be skippered and crewed predominantly by women crews. A maximum of 2 crew members may be male, but may not skipper the boat.

10.3 Non-Metropolitan Teams

Crew members from yacht clubs outside the Perth metropolitan area are permitted to compete in all races scheduled, although compliance with the spirit of 10.2c) is encouraged.

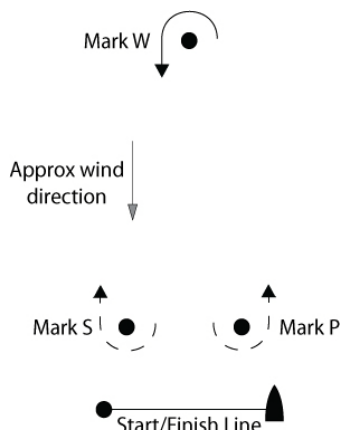
11 RACING AREA

The racing area will be Melville Water East, Swan River, Perth.

12 THE COURSE

12.1 Course Configuration (not to scale)

Mark W shall be rounded to port. At the leeward gate, boats shall sail between Mark S and P from the direction of Mark W and round either Mark S to starboard or Mark P to port, as shown below.



12.2 Course signals and course to be sailed

Course signals will be displayed from the RC boat on a black board with yellow lettering at or before the warning signal. Marks shall be rounded as described in 12.1.

Signal	Course
"L1"	Start – W – Finish
"L2"	Start – W – S or P – W – Finish
"L3"	Start – W – S or P – W – S or P – W – Finish
"L4"	Start – W – S or P – W – S or P – W – S or P – W – S or P – W – Finish

12.3 Description of Marks

Marks W, S and P will be yellow inflatable buoys.

The replacement mark will be a red inflatable buoy or a green inflatable buoy.

13 THE START

13.1 Starting signals will be made in accordance with RRS 26 except that the table of signals is changed to the following:

Time to the Start [Minutes]	Visual Signal	Sound Signal	Means
5	Flag 5 displayed	One	Warning signal
4	Flag 4 displayed Flag 5 removed	One	Preparatory signal
1	Flag 1 displayed Flag 4 removed	One	1 Minute
0	Flag 1 removed	One	Starting signal

13.2 The starting line will be between the flag mast on the RC boat displaying an orange flag at the starboard end and a black and white checkered buoy at the port end. A buoy may be attached to the RC boat stern. Boats shall not pass between this buoy and the RC boat at any time. For the purpose of the RRS, this buoy and its mooring line are deemed to be part of the RC boat.

14 CHANGE OF THE NEXT LEG OF THE COURSE

14.1 Changes to the course will be made by setting a replacement mark W.

14.2 **Change of Course Signals and Signalling Vessel** (amends RRS 33 and Race Signals)

- Flag C and a coloured flag or board means: 'The windward mark has been moved. Sail to a mark of the same colour as the flag or board.'
- When a change of course is signalled, it shall be displayed from a boat in the vicinity of marks S and P.

15 THE FINISH

The finishing line will be between a black and white checkered striped buoy at the starboard end and the flag mast on the RC boat displaying an orange flag at the port end.

16 PENALTY SYSTEM

16.1 A one-turn penalty, including one tack and one gybe, shall apply for infringements of RRS Part 2. This changes RRS 44.1.

16.2 Penalty Limitation

Penalties incurred downwind shall be taken immediately, but not before the spinnaker head is below the main-boom gooseneck. The spinnaker shall not be re-hoisted until the penalty is completed.

17 TIME LIMIT

The time limit for a race will be 1 hour or 15 minutes after the first boat has correctly sailed the course and finished. Boats failing to finish within the time limit will be scored Did Not Finish without a hearing. This changes RRS 35 and A4.

18 PROTESTS AND ON WATER HEARINGS

18.1 A protesting boat shall also display code flag B, which will be provided at the briefing and shall notify the RC boat verbally within five minutes after the race in which the incident occurred (changes RRS 61.3).

18.2 On water protest hearings will be conducted in the event that a protest is made, in which case;

- a) the protest need not be in writing (changes RRS 61.2),
- b) the PC may take testimony in any way it deems appropriate (which may include restricting the taking of evidence to one representative from each of the boats involved in the protest), (changes RRS 63.6), and
- c) in the event that the PC decides that a breach of a rule has had no significant effect on the outcome of a race, it may impose a penalty as it thinks fair, which may be to impose no penalty.

18.3 Observers on the course may be part of the PC and may give evidence at the hearing.

18.4 Any action by an observer or observer boat shall not be grounds for redress.

18.5 Should the PC decide to hold a hearing on shore, a written protest in accordance with RRS 61.2 will be required and shall be submitted within one hour of the last boat finishing the last race of the day to a representative of the PC (changes RRS 61.3).

19 SCORING

19.1 The Low Point Scoring System of RRS Appendix A will apply.

19.2 Four races are required to constitute a series.

- 19.3
- a) When 4 races have been completed, a boat's series score will be the total of her race scores.
 - b) When 5 races or more have been completed, a boat's series score will be the total of her race scores excluding her worst score.

20 BREAKDOWN AND TIME FOR REPAIRS

20.1 Before the warning signal of a race, or within two minutes of finishing, whichever is later, a boat may display a green flag to signal breakdown or damage to the boat, her sails or injury to her crew and request a delay to the next start. She shall proceed *as quickly as possible* to the starboard side of the RC boat and remain there, unless otherwise directed.

20.2 The time allowed for repairs shall be at the discretion of the RC.

20.3 After the warning signal, a race will not be postponed or abandoned due to breakdown unless the breakdown signal was displayed as required by SI 19.1.

20.4 Except when RRS 62.1(b) applies, failure to effect repairs in the time allowed, or breakdowns after the warning signal shall not be grounds for redress. This changes RRS 62.

21 DAMAGE REPORTS

Every skipper shall submit a damage report form at the completion of the days racing. If no damage is sustained, a report indicating "Nil Damage" shall be submitted. Forms will be available from the Swan River Sailing office or a representative at the end of racing for the day.

22 HAUL OUT & HULL CLEANING

After the boat draw, boats shall not be hauled out nor underwater surfaces cleaned without written permission from the OA.

23 RADIO COMMUNICATION

A boat shall neither make radio or telephone transmissions while racing nor receive radio communications not available to all boats.

24 PRIZES

- a) Prizes will be awarded to first, second and third teams overall.
- b) The perpetual trophy will be awarded to the winning team.

25 DISCLAIMER

All those taking part in this event do so at their own risk and responsibility.

The Swan River Sailing, the South of Perth Yacht Club, its staff, officials, members and volunteers and any other associated sponsor disclaims any and every responsibility for loss, damage, injury or inconvenience that might occur to persons and things both ashore and at sea, as a consequence of participation in any way in this event.

Attention is drawn to RRS Part 1, Fundamental Rules, in particular, RRS 4 which states that: "The responsibility for a boat's decision to participate in a race or continue racing is hers alone."